



Fitness Center Rules

1. **A waiver must be signed by all homeowners prior to the use of any equipment in the Fitness Center. Such signed waiver will apply to all family members, guests and renters.**
2. **The Fitness Center is available twenty-four (24) hours a day, seven days a week**
3. **Anyone under the age of eighteen (18) is prohibited from using any of the exercise equipment unless accompanied by an adult. Adult assumes all liability for injury to any minor in their care.**
4. **Users are requested to be respectful when using the Fitness Center during private events at the club house, keep noise levels down and don't go into the main clubhouse area.**
5. **All users must wipe off equipment, machines, benches, etc. after each use. Sanitizing wipes are provided in the Fitness Center for your convenience. Users are expected to comply with this rule as a courtesy to others.**
6. **Use of the equipment is at the user's own risk and those with medical problems should consult a physician prior to using any of the equipment.**
7. **Before using the equipment or any machine, users must familiarize themselves with proper use.**
8. **Users should report any malfunction or dangerous condition of the exercise equipment to the Property Manager.**
9. **Do not drop weights on the floor. Weights must be returned to their respective racks after use. Leaving weights on the equipment is inconsiderate of the next user who may not be able to handle some of the heavier weights.**
10. **There is no smoking or food or beverages permitted within the exercise room other than non-glass capped water bottles.**
11. **Absolutely no equipment, weights, bars, etc. shall be removed from the exercise room for any reason.**
12. **Shoes and other footwear: In an effort to protect the Fitness Center floor and equipment, it is requested that**
 - **Outdoor shoes/boots not be worn at any time in the Fitness Center**
 - **Wet or snow and salt covered footwear MUST be removed before using the equipment.**
 - **A boot tray is provided for your convenience.**